

SEED PACKET
MAY 2016
“PEACE”

The Seed Packet is a resource to get things sprouting.

SEEDLINGS: Short excerpts or pieces

From the 14th Dalai Lama of Tibet

“Whenever I meet even a ‘foreigner’, I have always the same feeling: ‘I am meeting another member of the human family. This attitude has deepened my affection and respect for all beings. May this natural wish be my small contribution to world peace. I pray for a more friendly, more caring, and more understanding human family on this planet. To all who dislike suffering, who cherish lasting happiness—this is my heartfelt appeal.”

From the Prayer of St. Francis

“Lord, make me an instrument of thy peace: Where there is hatred, let me sow love; where is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.”

From “A Wreath for Emmett Till” by Marilyn Nelson

“In my house, there is still something called grace,
Which melts ice shards of hate and makes hearts whole.”

From the “Tao Te Ching” translated by Stephen Mitchell

“The Tao is called the Great Mother: empty yet inexhaustible, it gives birth to infinite worlds. It is always present within you. You can use it any way you want.”

“Practice non-doing, and everything will fall into place.”

“Hold on to the center.”

“Do your work, then step back. The only path to serenity.”

From the Native American tradition (many variations)

“In a sacred manner, I am walking.
With visible tracks, I am walking.
In a sacred manner, I walk.”

From “Making Peace” by Denise Levertov

“A voice from the dark called out,
 ‘The poets must give us
imagination of peace, to oust the intense, familiar
imagination of disaster. Peace, not only
the absence of war.’ . . .”

Rest of the poem:

<http://www.poetryfoundation.org/poems-and-poets/poems/detail/53900>

From “Dakota. A Spiritual Biography” by Kathleen Norris

A handwritten prayer from her Grandmother Totten’s Bible: “Keep me friendly to myself, keep me gentle in disappointment.”

WEB LINKS

Arts and Peace

“Playing for Change” <https://playingforchange.com/>

Dosti Music Project <http://dostimusic.org/about/>

“Poems for Peace: How to build a collection that moves beyond anti-war poetry”

<http://www.poetryfoundation.org/article/240142>

“Fogartyville Community Media and Arts Center.” This is a project of the Peace Education and Action Center in Sarasota, Fla. “Fogartyville is a gathering place where art, culture, music and politics intentionally collide to inspire social change.”

<http://www.sarasotapeacecenter.org/visual-arts>

International

<http://www.grandmotherscouncil.org/>

“Women, wartime, and the dream of Peace.” Zainab Salbi TED talk

https://www.ted.com/talks/zainab_salbi?language=en

“I am the son of a terrorist. Here’s how I chose peace.” Zak Ebrahim TED talk

https://www.ted.com/talks/zak_ebrahim_i_am_the_son_of_a_terrorist_here_s_how_i_chose_peace

Many Voices

“Reviving Humanism’s Legacy of Peace” <http://americanhumanist.org/HNN/details/2009-11-reviving-humanisms-legacy-of-peace>

“Beyond Vietnam” by Martin Luther King Jr. (audio with text)

<http://www.americanrhetoric.com/speeches/mlkatimetobreaksilence.htm>

Excerpt from “The Root of War is Fear” by Thomas Merton

<http://www.spiritualityandpractice.com/book-reviews/excerpts/view/16426>

“A Human Approach to World Peace” by the Dalai Lama

<http://www.dalailama.com/messages/world-peace/a-human-approach-to-peace>

Mothers’ Day Proclamation by Julia Ward Howe

<http://www.peace.ca/mothersdayproclamation.htm>